



- LinkedIn
 - Groups
- Local Meet & Greets
 - Meetup.com
- · Church, gym, neighborhood associations

SEARCH PROACTIVELY

- · Look for promotions of employees.
- Companies that are looking to relocate or open a new office.
- Saved searches in LinkedIn

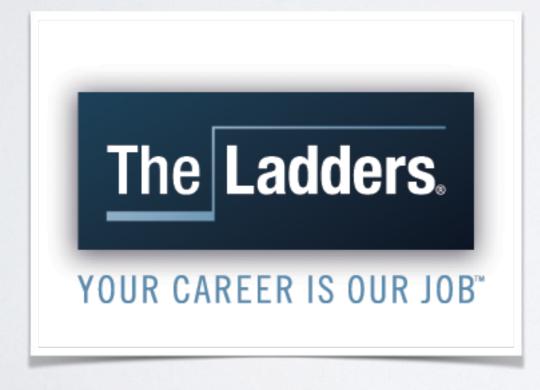
MARKETYOURSELF

- about.me
- Personal blog
- Business cards
- Email signature
- Online store

USE ONLINETOOLS











VOLUNTEER

- Volunteering in jobs that interact with the public.
- · Learning a new skill.
- Internships can lead to jobs.

MAINTAIN YOUR HEALTH

- Going to the gym gets you out.
- · The benefits of exercise on mindfulness.
- Movement promotes problem solving.
- Exercise* reduces stress, improves your mood,,
 boosts energy and helps you sleep better.

LEARN SOMETHING NEW

- Take this time to learn a new skill or find your untapped talent.
- Online classes.
 - Coursera
 - iTunesU
 - MITOpenCourseWare

DON'T GIVE UP

- Stick with it.
- · Don't neglect your spiritual life.
- Meet regularly with other job searchers.
- · Be positive.

EXTRA 10%



✓ If God Loves Me, Why Did I Lose My Job?

Are you unemployed and losing hope? This devotional offers biblical insight and encouragement for anyone struggling with the emotional toll of unemployment. Runs for one week.

mtwhite.net/bcc