

Practical Help for Your Job Search

8 THINGS TO HELP
YOU LAND A JOB



mtwhite

1 NETWORK

- LinkedIn
 - Groups
- Local Meet & Greets
 - Meetup.com
- Church, gym, neighborhood associations

SEARCH PROACTIVELY

- Look for promotions of employees.
- Companies that are looking to relocate or open a new office.
- Saved searches in LinkedIn

MARKET YOURSELF

- about.me
- Personal blog
- Business cards
- Email signature
- Online store

USE ONLINE TOOLS

themuse

 **glassdoor.com**

The Ladders®

YOUR CAREER IS OUR JOB™

 **indeed**®
one search. all jobs.

Linked  **in**®

5 VOLUNTEER

- Volunteering in jobs that interact with the public.
- Learning a new skill.
- Internships can lead to jobs.

6 MAINTAIN YOUR HEALTH

- Going to the gym gets you out.
- The benefits of exercise on mindfulness.
- Movement promotes problem solving.
- Exercise* reduces stress, improves your mood, , boosts energy and helps you sleep better.

* Mayo Clinic study

7 LEARN SOMETHING NEW

- Take this time to learn a new skill or find your untapped talent.
- Online classes.
 - Coursera
 - iTunesU
 - MITOpenCourseWare

DON'T GIVE UP

- Stick with it.
- Don't neglect your spiritual life.
- Meet regularly with other job searchers.
- Be positive.

EXTRA 10%



BibleGateway.com

☒ **If God Loves Me, Why Did I Lose My Job?**

Are you unemployed and losing hope? This devotional offers biblical insight and encouragement for anyone struggling with the emotional toll of unemployment. *Runs for one week.*

mtwhite.net/bcc